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HEMPCO FOOD AND FIBER INC. Symbol: TSX.V - HFF

FOR IMMEDIATE RELEASE

Vancouver, BC, Canada Monday, August 22, 2016

Hempco Announces Closing of First Tranche of the Non-Brokered Private Placement

Hempco Food and Fiber Inc. ("**Hempco**" or the "**Company**") is pleased to announce that, further to its news releases dated July 27, 2016 and August 11, 2016, it has received conditional TSX Venture Exchange acceptance with respect to the closing of the first tranche of its non-brokered private placement.

The Company issued 2,073,000 units (the "Units") at a price of $0.50 per Unit for gross proceeds of $1,036,500. Each Unit consists of one common share and one-half share purchase warrant of the Company. Each whole warrant entitles the holder to purchase one additional common shares of the Company at a price of $0.65 per share until November 18, 2017.

All securities issued under the private placement are subject to a four month and one day hold period expiring on December 19, 2016.

The Company has issued $64,855 and 129,710 finder's warrants to third parties on a portion of this first tranche of private placement.

The proceeds from the private placement will be used for working capital purposes.

About Hempco

Hempco® is recognized as a "company that cares" and guarantees that its customers, all over North America, Europe and Asia, are provided the finest hemp seed foods possible.

ON BEHALF OF THE BOARD
"*Charles Holmes*"
Charles Holmes
Chief Executive Officer
HEMPCO FOOD AND FIBER INC.

FOR MORE INFORMATION, PLEASE CONTACT:

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Forward-Looking Information

Certain statements contained in this press release constitute forward-looking information. These statements relate to future events or future performance. The use of any of the words "intend", "may", "will", "expect", and similar expressions and statements relating to matters that are not historical facts are intended to identify forward-looking information and are based on the Company's current

beliefs or assumptions as to the outcome and timing of such future events. Actual future results may differ materially. In particular, this press release contains forward-looking information with respect to the Offering; the warrants; compensation payable to finders; CSA 45-318 and the Investment Dealer Exemption; CSA 45-313 and the Existing Security Holder Exemption; the Order of Distribution; statutory hold periods; the principal uses of the proceeds of the Offering; and offering materials. Various assumptions or factors are typically applied in drawing conclusions or making the forecasts or projections set out in forward-looking information. Those assumptions and factors are based on information currently available to the Company. The material facts and assumptions include obtaining approval of the TSX Venture Exchange of the proposed Offering; the availability of certain prospectus exemptions in respect of the Offering; and the intended use of proceeds remaining in the best interests of the Company. The Company cautions the reader that the above list of risk factors is not exhaustive. The forward-looking information contained in this release is made as of the date hereof and the Company is not obligated to update or revise any forward-looking information, whether as a result of new information, future events or otherwise, except as required by applicable securities laws. Due to the risks, uncertainties and assumptions contained herein, investors should not place undue reliance on forward- looking information. The foregoing statements expressly qualify any forward-looking information contained herein.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of the content of this release.

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None of the securities sold in connection with the Offering will be registered under the United States Securities Act of 1933, as amended, and may not be offered or sold in the United States absent registration or an applicable exemption from the registration requirements. This news release shall not constitute an offer to sell or the solicitation of an offer to buy nor shall there be any sale of the securities in any jurisdiction in which such offer, solicitation or sale would be unlawful.