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# NEWS RELEASE

HEMPCO FOOD AND FIBER INC.

For Immediate Release

Vancouver, BC

Date: November 7, 2016

## COMPARATIVE MONTHLY SALES REPORT

Vancouver, British Columbia, Canada – Monday, November 7, 2016 – Hempco Food and Fiber Inc. (TSXV: HFF) (“Hempco”) is pleased to announce its monthly sales report.

The following is a summary of approximate monthly bulk and retail sales (all figures unaudited):

### Bulk hemp foods sales and PLANETHEMP brand retail products sales

2015 / 2016	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Total
Bulk	\$279K	\$434K	\$249K	\$209K	\$183K	\$540K	\$415K	\$632K	\$949K	\$809K	\$351K	\$531K	\$5.6M
2016 / 2017	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Total
Bulk	\$1M	\$870K											
Retail	\$1K	\$50K											

### Fiscal year end August 31

The Korean customer, Seoulution Corp., saw some hurdles with sea freight transportation with [Hanjin Shipping’s bankruptcy causing turmoil in global sea freight](#) , but is back on track with Hempco hulled hemp seed PO’s.

Hempco is making progress on launching a retail line of products. Raw Elements Distributors of PLANETHEMP brand retail products in Canada expects us to be in 200 stores by the new year and 800 stores by summer 2017. “The marketing dollars and sales team’s extensive efforts are paying off!” says CEO Charles Holmes. [CEO Clips is featuring Hempco on the Documentary Channel – click here.](#)

We seek Safe Harbor.

### ON BEHALF OF THE BOARD

“Charles Holmes”

Charles Holmes  
Chief Executive Officer  
HEMPCO FOOD AND FIBER INC.

### FOR MORE INFORMATION, PLEASE CONTACT:

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