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NEWS RELEASE

HEMPCO FOOD AND FIBER INC. Symbol: TSX.V – HEMP

For Immediate Release

Vancouver, BC

Date: February 6, 2017

COMPARATIVE MONTHLY SALES REPORT

Vancouver, British Columbia, Canada – Monday, February 6, 2017 – Hempco Food and Fiber Inc. (TSXV: HEMP) (“Hempco®”) is pleased to announce its monthly sales report. For the current month Bulk Sales total to \$1,069,021* and Retail Sales total to \$2,875* for a January sales total of \$1,071,896*.

The following is a summary of approximate monthly bulk and retail sales (*=unaudited):

Bulk hemp foods sales and PLANETHEMP brand retail products sales

	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Total
Bulk 2015/2016	\$279K	\$434K	\$249K	\$209K	\$183K	\$540K	\$415K	\$632K	\$949K	\$809K	\$351K	\$190K	\$5.24m
Bulk 2016/2017	\$1.m*	\$870k*	\$223k*	\$777k*	\$1.1m*								\$3.97m*
Retail 2016/2017	\$1k*	\$50k*	\$5k*	\$47k*	\$3k*								\$106K*

Fiscal year end August 31

HEMPCO – Sales more than double from this sales period last year!

“We are way ahead of last year, and the Hempco® team is working diligently to keep increasing bulk and PLANETHEMP retail sales.” says CEO, Charles Holmes. “There is still lots of work ahead of us, and even though we are behind schedule a couple months on the new facility in Nisku Alberta, the expectations of our new facility and production capacity is an exciting vision that drives us to excel.”

Watch our interview on BNN with Andrew Bell - Thursday Dec 8, 2016.

<http://www.b-tv.com/hempco-commercial/>

<http://www.bnn.ca/video/hemp-fights-back-after-century-in-the-shadows~1012386>

We seek Safe Harbor.



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ON BEHALF OF THE BOARD

"Charles Holmes"

**Charles Holmes
Chief Executive Officer
HEMPCO FOOD AND FIBER INC.**

FOR MORE INFORMATION, PLEASE CONTACT:

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Statements in this press release regarding the Company which are not historical facts are "forward-looking statements" that involve risks and uncertainties. Such information can generally be identified by the use of forward-looking wording such as "may", "expect", "estimate", "anticipate", "intend", "believe" and "continue" or the negative thereof or similar variations. Since forward-looking statements address future events and conditions, by their very nature, they involve inherent risks and uncertainties such as the risk that the closing may not occur for any reason. Actual results in each case could differ materially from those currently anticipated in such statements due to factors such as the decision of the TSXV to reject any grant of options or any person to act as investor relation service providers. Except as required by law, the Company does not intend to update any changes to such statements.

Vancouver BC, Canada